



Autumn issue 1 - 8/9/2023

ATTENDANCE MATTERS!

All absence must be reported on the first day. If we do not have a reason for absence your child will receive an unauthorised absence mark. This data is monitored by The Department for Education on a regular basis.

Attendance Percentages for this academic year:

| | |
|---------------------|------------|
| Class 1 | 99.0% |
| Class 2 | 94.9% |
| Class 3 | 99.5% |
| Class 4 | 88.6% |
| Class 5 | 100% |
| Class 6 | 95.3% |
| Class 7 | 94.4% |
| Class 8 | 96.9% |
| Whole school | 96% |

Welcome back!

We hope you have all had a wonderful summer and it has been great to see all of the children return to school and also to welcome our new Year 3 pupils.

There has been a lovely atmosphere across the school this week with everyone settling in - including new staff - and we look forward to seeing you at our Meet The Teacher Meetings.

If you ever want to contact staff, please feel free to use Class Dojo to send messages, however, please be aware that our staff have "Quiet Hours" set up so they will not receive notifications before 8am, after 6pm or at weekends. They will respond as soon as they can outside these quiet hours.

If this hot weather continues, please send your children in with protection, such as a hat, sunglasses etc.

KEY DATES

- *Thursday 14th Sept: Individual school photos
- *Friday 15th Sept: Rescheduled BSA Summer Fayre
- *Mon 18th Sept: Y3 Meet The Teacher Meeting at 9am
- *Tues 19th Sept: Y4 Meet The Teacher Meeting at 9am
- *Weds 20th Sept: Y5 Meet The Teacher Meeting at 9am
- *Weds 20th Sept: Y3 additional meeting at 3:30pm
- *Thurs 21st Sept: Y6 Meet The Teacher Meeting at 9am
- *Thurs 28th Sept: Harvest Donations into school
- *Tues 17th Oct: Parents' Evening 3:30pm-7:30pm
- *Thurs 19th Oct: Parents' Evening 3:30pm-5:30pm
- *Fri 20th Oct: Last day of half term

*Mon 30th Oct: First day back at school

Rescheduled Summer Fayre

Due to the planned BSA Summer Fayre being cancelled at the end of the summer term (due to heavy rain) it has been rescheduled for Friday 15th September.



We are all very excited about this event and we look forward to you attending. The current weather forecast looks promising.

Considerate parking

As you all know from messages I have posted on Class Dojo, our school has been contacted several times by members of the local community who live along Broome Grove. I presume the Infant School has also been contacted.

Local residents are finding cars parked blocking their driveways/partially obstructing dropped kerbs. This parking has prevented carers from leaving their patients and further inconvenience. Such obstruction could impede the access of emergency vehicles to premises along this road, also.

Neither of our schools has authority to patrol the road, and despite my regular requests for considerate parking, many residents are still contacting us about the parking of cars at the start and end of the school day. I will therefore be contacting local councillors and our local PCSO in the hope that the street can be patrolled. This may result in parking penalties being issued.



The BSA requires new members!

Broomgrove Schools Association is appealing for new members to join the committee. As you know, the BSA plans, organises and staffs a wide variety of events which not only raise funds for the school, but also provides entertainment, enjoyment and fun for our families and the local community. None of these events can happen without committee members.

If you are able to contribute your time by joining the BSA, this would be greatly appreciated and the whole school community benefit from your commitment.

Self-Care September 2023

MONDAY



TUESDAY



WEDNESDAY

THURSDAY



FRIDAY

SATURDAY

SUNDAY

4 Plan a fun or relaxing activity and make time for it

5 Forgive yourself when things go wrong. Everyone makes mistakes

6 Focus on the basics: eat well, exercise and go to bed on time

7 Give yourself permission to say 'no'

1 Find time for self-care. It's not selfish, it's essential

2 Notice the things you do well, however small

3 Let go of self-criticism and speak to yourself kindly

8 Be willing to share how you feel and ask for help when needed

9 Aim to be good enough, rather than perfect

10 When you find things hard, remember it's ok not to be ok

11 Make time to do something you really enjoy

12 Get active outside and give your mind and body a natural boost

13 Be as kind to yourself as you would to a loved one

14 If you're busy, allow yourself to pause and take a break

15 Find a caring, calming phrase to use when you feel low

16 Leave positive messages for yourself to see regularly

17 No plans day. Make time to slow down and be kind to yourself

18 Ask a trusted friend to tell you what strengths they see in you

19 Notice what you are feeling, without any judgement

20 Enjoy photos from a time with happy memories

21 Don't compare how you feel inside to how others appear outside

22 Take your time. Make space to just breathe and be still

23 Let go of other people's expectations of you

24 Accept yourself and remember that you are worthy of love

25 Avoid saying 'I should' and make time to do nothing

26 Find a new way to use one of your strengths or talents

27 Free up time by cancelling any unnecessary plans

28 Choose to see your mistakes as steps to help you learn

29 Write down three things you appreciate about yourself

30 Remind yourself that you are enough, just as you are



ACTION FOR HAPPINESS

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