



**Broomgrove  
Junior  
School**

# Broomgrove Junior School Uniform policy

March 2024  
Ratified by Governors: April 2024

## **Equality Statement.**

As part of our commitment to meet the Public Sector Equality Duty (PSED), under the Equality Act 2010 we have a duty not to discriminate against people on the basis of their age, disability, gender, gender identity, pregnancy or maternity, race, religion or belief and sexual orientation.

This policy has been equality impact assessed and we believe that it is in line with the Equality Act 2010 as it is fair, it does not prioritise or disadvantage any pupil and it helps to promote equality at this school.

## 1 Introduction

It is our school policy that all children wear school uniforms when attending school, or when participating in school-organised events outside normal school hours. We ask children to wear their shirts tucked into their skirts or trousers and to take pride in their personal appearance. Some items of uniform can be bought via the link on the school website, whilst others are easily available, at very competitive prices, at local shops including supermarkets. A complete list of the items needed for school uniform including those for Physical Education, can be found in this policy.

## 2 Aims and objectives

Our policy on school uniform is based on the belief that school uniform:

- promotes a sense of pride in our school;
- helps to create a sense of community and belonging towards the school;
- identifies the children with the school;
- supports our commitment to inclusion;
- prevents children from wearing 'fashion clothes' that could be distracting in class;
- is practical, smart and designed with health and safety in mind;
- is considered good value for money.

## 3 Jewellery, Hair Ornaments, Make-up and Nail Varnish

For health and safety reasons we **do not allow children to wear jewellery**. The exceptions to this rule are earring studs in pierced ears, and small objects of religious significance. Children are required to remove any items during PE lessons to prevent them from causing injury. **Please note: Teachers are not permitted to remove earrings.**

Long hair should be fully tied back for health and safety reasons as well as to reduce the risk of catching/spreading head lice. Hair bands, or other hair appendages, should be **small, discrete and in school colours**. Pupils will be asked to remove anything deemed unsuitable.

Makeup and nail varnish should not be worn to school unless for an out of school hours function, for example a school disco. **Extreme hairstyles are not appropriate for school**. The use of styling products should be kept to a minimum and children should not have decorative patterns cut into their hair or have hair coloured or dyed unnatural colours.

## 4 Footwear

For health and safety reasons we do not allow children to wear shoes with platform soles or high heels. All children are required to wear plain black shoes without logos. Trainers are not suitable for all day footwear, as they pose a health risk caused by the feet sweating (see leaflet by *Association of Paediatric Chartered Physiotherapists - in Appendix*). Trainers are only acceptable for PE.

Shoes should be flat, black and appropriate for school. Your child should wear shoes which he or she can manage to do up independently. Please do not send your child to school in shoes which prevent them from running in the playground. If boots are worn, these also should be plain black.

## 5 The Role of Parents

We believe that one of the responsibilities of parents is to ensure that their child has the correct uniform and PE kit, that it is clean, in good repair and that the **child's name is written on all items**. If a parent has difficulties for any reason with fulfilling this request they are asked to speak confidentially to a senior member of staff to discuss the issues. Parents should be assured that we will do all we can to help.

Children who arrive at school wearing non-school uniform clothing may be loaned an appropriate item to wear for that day. The same system will apply for children who do not have a PE kit. Parents will be contacted to discuss the matter.

The school welcomes children from all backgrounds and faith communities. If there are serious reasons, for example on religious grounds, why parents want their child to wear clothes that differ from the school uniform, the school will consider such requests sympathetically. If any parent would like to request a modification to the uniform policy they should, in the first instance, contact the head teacher.

## 6 The Role of Governors

The governing body supports the head teacher in implementing the school uniform policy. It considers all representations from parents regarding the uniform policy and liaises with the head teacher to ensure that the policy is implemented fairly and with sensitivity. It is the governors' responsibility to ensure that the school uniform meets all regulations concerning equal opportunities. Governors ensure that the school uniform policy enables children to dress sensibly, in clothing that is hard wearing, safe and practical.

## 7 Monitoring and Review

The governing body monitors and reviews the school uniform policy through its committee work by:

- considering, with the head teacher, any requests from parents for individual children to have special dispensation with regard to school uniform;
- and by ensuring the cost of school uniforms are not a burden and that they are affordable and good value for money.

## School Uniform List

Our school uniform colour is a combination of blue and grey/black. Most items can be bought from High Street shops or supermarkets. Items marked with a \* below, some of which have the school logo on, are sold via the school office, but these are not a requirement.

- Grey or black skirt/pinafore dress/shorts/trousers (not jogging bottoms) or blue and white checked dresses in the summer
- White blouse/shirt or white or royal blue polo shirt\* (with or without school logo)
- Royal blue sweatshirt\* or cardigan\*, without a hood, (with or without school logo)
- Plain white, grey or black socks
- Black or grey tights

Please note skirts should be an appropriate length and of a style which allows girls to sit comfortably on the floor. When girls wear shorts, even when these are worn over tights, they should also be of an appropriate length. **Leggings should not be worn.**

Reversible waterproof coats, with the school logo, which are suitable for boys and girls, are also available via the school office..

## Outdoor Learning

**From September 2023**, in addition to the uniform list above, we also require parents to supply each child a **waterproof jacket, waterproof over-trousers and wellington boots** for outdoor lessons and Forest School sessions. These can be purchased in sports shops or through various online retailers at very competitive prices. These should remain in school at all times and will be stored by us.

## P.E. Kit

Children need a change of clothes and footwear for P.E (for health and hygiene reasons) and a suitable bag in which to keep the kit at school. PE kit and PE bags may be bought in any High Street shops or Supermarkets. All school uniforms and P.E. kit **MUST** be named. Children can become upset as a result of lost clothing, please help us by naming everything.

- black or blue shorts
- T-shirt in house team colour (red, blue, green or yellow)
- a pair of plimsolls and trainers (for outdoor PE)
- jogging bottoms and sweatshirts or track jackets for outdoor lessons in cold weather (preferably grey, black or blue)

For health and safety reasons children are not permitted to wear earrings for PE under any circumstances (this is an Essex County wide policy). Your child's teacher will advise you when PE lessons take place so that earrings can be removed prior to attending school.

**ALL ITEMS NEED TO BE NAMED**

**Please remember, if you are having financial difficulties with any part of this policy, please talk to us and we will do everything we can to support you.**

**Also, if any child has specific sensory needs and struggles to comply with the uniform policy, they may be exempt from some of these requirements in accordance with their One Plan and the agreement of our SENco.**

## APPENDIX

Remember if you are provided with insoles (orthotics) it is important that these are taken with you when buying shoes to ensure that they fit correctly in the shoe and leave room for the foot. Check your child walking in the shoes in the shoe shop and make sure the shoe is not slipping up and down at the heel or their foot is being pushed out of the shoe at the back.



The Chartered Society of Physiotherapy is the professional, educational and trade union body for the UK's 50,000 chartered physiotherapists, physiotherapy students and associates

APCP

<https://apcp.csp.org.uk>

Published: January 2016

Review: January 2019

**This leaflet has been produced after an initial review of literature and where there is a lack of evidence, a consensus of expert opinion is agreed, correct at time of publication**



Association of Paediatric Chartered  
Physiotherapists

## Choosing Footwear for Children

Information for parents and carers



Buying the correct footwear is very important for toddlers and children as the foot is a complicated part of the body. From babyhood the foot is soft and pliable and if the wrong footwear is worn for prolonged periods of time it may cause damage and lead to problems later in life. Young children who are not yet walking do not usually need shoes, but you may wish to buy them soft shoes which help to protect the feet and keep baby warm when you are outside. Please check regularly to make sure the toes have room to move. Some children benefit from being in firm shoes before they walk and your physiotherapist will advise you on this.

By taking the following points into account you should be guided towards suitable footwear for your child. Don't assume that because one pair of shoes is more expensive that it is automatically better than a cheaper option. Remember also that socks and tights must fit and not be too tight for growing toes.

- **Always get your child's feet measured by a professional:** If shoes are too tight they can stop the toes from having enough space and could stop the foot from growing correctly.

- **The shape of the shoe:** The front of the shoes should be wider than at the heel. Avoid shoes with pointy toes as these can restrict the movement at the toes, especially if your child has broad feet.

- **Flexible shoes:** Shoes should provide support to the foot particularly around the heel. A firm heel cup means that the shoe or sandal should have a solid back. Sandals need an enclosed heel. If you grasp the sides of the back of the shoe, you should not be able to squeeze the sides together or push the back down. Aim to buy a shoe which allows the foot to bend. However, if you can twist the sole, the shoe is too soft and will not support the foot well.

- **Trainers:** Try and avoid these especially those with synthetic linings which can cause excessive sweating.

- **Fashion Shoes:** Aim to buy shoes with a very small heel. Very flat slip-on shoes (dolly shoes or ballet flats) tend to have thin soles that do not provide enough cushioning for the feet and are often worn a size too small so they do not fall off. They can also be very shallow around the sides of the foot. High heeled shoes can cause the foot to slip forward in the shoe. These shoes can also lead to weight bearing through only the forefoot which could cause pain.

- **Friction on the sole:** Ensure that the pair of shoes has sufficient grip on the bottom of the shoes. If the sole is smooth it can make it easier for slips to occur and cause your child to fall.

- **Shoe fastenings:** Consider how the shoe is fastened, ideally shoes should have laces, buckles or Velcro fastenings to help hold the heel in place during movement. Slip-on type shoes cause the child to clench their toes to keep the shoe on which may cause pain if walking long distances. Encourage your children to tie their laces if they wear lace-up shoes (or trainers).

**Remember, shoes should be comfortable from the start. If new shoes need to be "broken in," it means either they were not properly designed or not properly fitted for your child's foot.**

When checking the current pair of shoes you should be aiming to have approximately 1cm space at the end of the toes inside the shoes. If in doubt go along to have the feet re-measured by a professional who can inform you if there is sufficient room within the shoe.

Where possible **avoid** trainers (except for sports), slip-on shoes, sheepskin boots (e.g. Ugg boots), rubber clogs (e.g. Crocs) and jelly shoes which offer very little support for the foot. There are occasions when a child may want to wear these, such as wellington boots when it is raining, and it may be appropriate for them to do so, but as a guide, aim to wear supportive footwear if you are expecting your child to be doing any amount of walking or activity.