

**ESM05 Allergen Identification Form**

Menu Title/Year

WEEK ONE  
Summer/Autumn 2026  
1

Menu Week/Day

MONDAY

Product brand or code	Menu Item Details	Allergens																
		Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites			
	Homemade Cheesy Pasta					✓W		✓										
	Homemade Tomato Pasta					✓W												
	Garlic Bread					✓W												
	Salad Bar	✓		✓		✓W												
	Chocolate Mousse							✓										
	Fresh Fruit																	
	Yoghurt							✓										

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

\*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten\* in that column.

ESM05 Allergen Identification Form

Menu Title/Year

WEEK ONE  
SUMMER / AUTUMN 1  
2026

Menu Week/Day

TUESDAY

Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Chicken Nuggets	✓				✓W									
	Hearty Diced Potatoes														
	Quorn Crispy Nuggets			✓		✓W		✓							
	Salad Bar	✓		✓		✓W									
	Baguette with Cheese					✓W		✓							
	Baguette with Ham					✓W									
	Shortbread Biscuits					✓W									
	Fresh Fruit														
	Yoghurt							✓							

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Menu Title/Year

WEEK ONE 2026  
SUMMER / AUTUMN 1

Menu Week/Day WEDNESDAY

Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Sweet and sour Chicken	✓				✓W								✓	
	Rice														
	Quorn sweet and sour	✓				✓W				✓					
	Salad Bar.	✓		✓		✓W									
	Stacked Potato + Cheese							✓							
	Stacked Potato + Tuna Mayo			✓	✓										
	Jelly & Cream							✓							
	Fresh Fruit														
	Yoghurt							✓							

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ESM05 Allergen Identification Form

Menu Title Year

WEEK ONE 2026  
SUMMER / AUTUMN 1

Menu Week/Day

FRIDAY

Product brand or code	Menu Item Details	Allergens													
		Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	Filet of Fish				✓	✓W				✓					
	vegetable Fingers					✓W									
	Chips														
	Spaghetti Hoops					✓W									
	Salad Bar	✓			✓	✓W									
	Fruit Smoothie														
	Fresh Fruit														
	Yoghurt							✓							

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